

**PURE SEVEN**  
THE SPA



## THE SPA

Surrounded by the lush vegetation of pine trees and overlooking the azure expanse of the sea, Pure Seven Spa at 7Pines Resort Ibiza stands as the quintessential embodiment of tranquility and rejuvenation. As the heart and soul of the resort, it invites guests to enter a realm of holistic wellness inspired by the eternal charm of the Mediterranean lifestyle and the pulsating energy of Ibiza.

Pure Seven Spa welcomes you to its sanctuary of serenity, offering a respite from the hustle and bustle of everyday life. Here, the ethos of purity and well-being infuses every aspect of our offerings, creating an experience that nurtures both body and soul.

Indulge in an array of bespoke services tailored to cater to your individual desires and aspirations. From sumptuous beauty rituals that lavish the skin with opulent care to invigorating physical pursuits such as personalized training sessions, pilates, yoga, and meditation, Pure Seven Spa presents a holistic approach to well-being that embraces the totality of your being. Our team of seasoned practitioners and instructors stands poised to shepherd you on a transformative journey towards optimal vitality and inner harmony.

For a deeper wellness experience, Pure Seven Spa offers exclusive programs meticulously designed to cater to a variety of intentions. Among these offerings are the new Origen & Performance wellness retreats at Pure Seven Spa, curated and guided by our esteemed coaches. These retreats represent the culmination of our dedication to providing transformative experiences. Our unparalleled wellness programs are meticulously designed to elevate our offerings, presenting a collection of indulgent experiences in a journey of self-discovery while immersing yourself in the rich history and breathtaking beauty of the island.

Pure Seven Spa also proudly presents the third edition of its Wellness Masters series featuring prominent international and national experts, who will design exclusive programs inspired by nature and movement. This series has been designed to provide an opportunity to find inner balance and transcend the boundaries of mind, body, and soul.



## MASSAGES

Embark on a journey into an oasis of serenity within our sanctuary of wellness, where each experience is a symphony of indulgence and every treatment is a dance between relaxation and rejuvenation.

At Pure Seven Spa, massages transcend mere therapy for the body; they become ceremonious rituals for the soul, nourishing your being in its entirety and elevating it to a state of balance and harmony. Allow our expert therapists to guide you through an exquisitely crafted sensory voyage, where personal care transforms into a sacred act of self-love.

## MASSAGES

### Pure Seven Signature Massage

90 min

Indulge in profound relaxation with this restorative treatment. Immerse yourself in a gentle massage infused with essential oils of sweet orange, palmarosa, and lavender, accompanied by soothing hot stones that calm the mind and alleviate muscle tension. This experience harmonizes both mind and body, offering a profound sense of inner calm and serenity. Dive into this wellness oasis, renewing your being from the inside out.

*Includes: Hot oil, full-body Balinese massage with hot stones, stretching, and scalp massage.*

### Pure Seven Hot Stone Therapy

60-90 min

Experience deep and lasting relaxation for both mind and body with our exclusive treatment that combines aromatherapy and volcanic stones. This personalized massage with hot stones relieves muscle tension and discomfort, while pure and aromatic essential oils envelop your senses, embrace your mind, and recharge your spirit. Immerse yourself in a sensation of complete relaxation as you release stress and sink into a state of tranquility.

*Includes: Full-body aromatherapy massage with hot stones and scalp massage.*

### Pure Seven Aromatic Touches

60-90 min

Discover a holistic and restorative experience to calm your mind, release tension, and nourish your skin. Our personalized massage caters to both your physical and emotional needs, using carefully selected aromatherapy blends to relax and energize, while the deep massage relieves muscle pressure and reduces anxiety, invoking deep relaxation. With mind and body in balance, renewed energy, and beautifully restored inner calm, find the perfect harmony in our sanctuary of well-being.

*Includes: Full-body aromatherapy massage and scalp massage.*

### Deep Tissue

45-75 min

Ascend to new levels of flexibility and vitality with our specialized massage. Through active stretching and the application of aromatherapy oils, we alleviate tension in the neck, shoulders, and back, offering immediate and enduring relief. Experience a reduction in muscle pain and a revitalized sense of vitality. Allow our expert hands to lead you towards increased strength and energy in an oasis of tranquility and rejuvenation.

*Includes: Targeted massage, with or without hot stones, focused on areas of greatest tension, scalp massage.*

### Foot Reflexology

45 min

An experience that transcends well-being, our reflexology meticulously targets the reflex points of the foot, enhancing recovery in specific areas of the body. Experience a unique connection between your feet and overall well-being, as each expert touch awakens your body's innate ability to heal and rejuvenate. Allow this holistic experience to guide you towards renewed balance and a sense of inner well-being.

### Head & Shoulders Massage

30 min

Experience swift and effective tension relief with our exclusive upper body massage, meticulously crafted to alleviate stress in targeted areas. This personalized therapy seamlessly blends pure aromatherapy, gently relaxing tense muscles, revitalizing your physique, and soothing your senses. Allow this rejuvenating encounter to escort you towards a renewed state of well-being and serene tranquility.

*Includes: Massage on the back, neck, and shoulders.*

### Abhyanga Massage

90 min

Indulge in a transformative journey with our Abhyanga massage. From ancient Ayurvedic techniques to the gentle infusion of aromatic oils, each touch beckons you to calmness and renewal. Let stress dissolve away as you immerse yourself in complete relaxation, allowing this ritual to transport you to a state of serenity and inner renewal.

*Includes: Ayurvedic body massage, scalp massage.*



## BODY TREATMENTS

Indulge in the ultimate pampering with our exclusive body treatments at Pure Seven. From revitalizing rituals to purifying wraps, each experience is crafted to rejuvenate your body and revitalize your mind. Immerse yourself in an oasis of relaxation and renewal as our expert care guides you to a state of total well-being. With natural ingredients and advanced techniques, each treatment promises radiant skin and a renewed spirit.



## BODY TREATMENTS

### **Pure Seven Body Ritual**

**60 min**

Experience a revitalizing journey for the body and soul with our exclusive Pure Seven Body Ritual. Immerse yourself in an oasis of renewal where natural sea salt eliminates dead, dull skin cells, preparing the canvas for a massage with aromatic essential oils that release muscular tension and restore vitality. Let yourself be enveloped in a sense of total well-being as your skin glows with radiant, healthy luminosity.

Indulge in a selection of captivating aromas.

**Orange and Rosemary:** A revitalizing blend that awakens the senses and enhances both skin and spirit, infusing energy and vitality.

**Lavender and Palmarosa:** Immerse yourself in an atmosphere of serenity and calm with this relaxing and comforting blend, designed to soothe the mind and harmonize the body.

### **Pure Seven Body Wraps**

**90 min**

Our selection of body wraps, meticulously crafted for purification or revitalization, promises a journey of complete renewal. Enhanced with a tranquil scalp massage to restore inner peace, this transformative experience ensures you emerge refreshed and rejuvenated. Enjoy a comprehensive ritual encompassing brushing, exfoliation, and a choice of seaweed or mud wrap, all tailored to leave your skin toned, luminous, and revitalized.

Indulge in our exquisitely curated body wraps:

**Orange and Rosemary:** Immerse yourself in complete revitalization with our seaweed wrap infused with purifying essential oils. This potent blend aids in toxin elimination, body purification, and skin hydration, bestowing radiance and renewal.

**Lavender and Palmarosa:** Surrender to a soothing and nourishing experience with our body cream and essential oil wrap. This comforting fusion alleviates dry skin and restores mental equilibrium, leaving you enveloped in serenity and wellness.



## **FACIAL TREATMENTS**

Embark on a journey of self-discovery and rejuvenation with our carefully curated collection of facial treatments. From revitalizing options to regenerative ones, each experience is crafted to nourish your skin and elevate your inner well-being. Trust our expert therapists to guide you toward radiant skin and revitalizing inner balance.



## FACIAL TREATMENTS

### **ESPA Inner Beauty**

**60 min**

Experience the epitome of beauty with our exclusive facial treatment. It transcends mere cleansing, offering a transformative renewal for your skin with immediate results. Tailored to your unique needs, our Tri-Active formulas work wonders on your complexion, while therapeutic oils cocoon you in serene bliss. Revel in radiant skin and inner tranquility in our sanctuary of well-being.

*Includes: Skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, facial massage, customized mask, scalp massage.*

### **ESPA Intense Regenerating**

**60 min**

Defy the passage of time with our exquisite 60-minute facial experience, meticulously crafted to visibly diminish wrinkles and fine lines. With immediate results, our rejuvenating formulas and restorative massage techniques work synergistically to tone, plump, and deeply hydrate mature skin. Experience the awakening of youthful luminosity and revel in the sensation of beautifully renewed, smooth, and supple skin.

*Includes: Skin analysis using the SkinVision™ lamp, triple cleansing, exfoliation, age-defying facial massage, mask, scalp massage.*

### **ESPA Optimal Skin Health**

**90 min**

Revive the natural beauty and balance of your skin with our 90-minute facial treatment. This intelligent approach delivers instant results and lasting benefits by combining nature's most potent actives with a high-performance massage that cleanses, rejuvenates, and deeply hydrates the skin. Experience a smooth, deeply nourished complexion glowing with natural vitality. Ideal for all genders.

*Includes: Skin analysis using the SkinVision™ lamp, triple cleansing (including deep cleansing with brush), exfoliation, facial massage, mask, hand and arm exfoliation, and massage.*

### **Hydrafacial**

Discover the perfect fusion of spa and advanced medical technology with HydraFacial MD®. Providing instant and lasting results, it offers patented cleansing, extraction, and hydration. Our nourishing serums deliver a radiant glow and healthy skin. It's the comprehensive treatment your skin deserves, suitable for all skin types. Let HydraFacial lead you to total revitalization.

Signature Hidrafacial

**30 min**

Deluxe Hidrafacial

**60 min**

Platinum Hidrafacial

**90 min**



## LIGHT TREATMENTS

*Light treatments are exclusively available as an add-on to other booked treatments.*

### **Eye Lift** **30 min**

Embark on a journey of eye rejuvenation with our exclusive Eye Contour lifting treatment. Experience smoothness, firmness, and hydration as you indulge in expert massage with our proven Tri-Active™ formulas. This unique treatment smooths fine lines, brightens the delicate skin around the eyes, and reduces the appearance of dark circles and shadows. Allow our experts to guide you towards a renewed and radiant gaze.

*Includes: Skin analysis with SkinVision™ lamp, cleansing, exfoliation, eye contour massage, eye mask.*

### **Light Facial** **30 min**

Immerse yourself in a swift yet luxurious facial journey with our 30-minute express treatment. Crafted to unveil a complexion of clarity, freshness, and radiance, this bespoke experience is tailored to your unique requirements. Our meticulously curated blend of active natural formulas harmoniously purifies, rebalances, and hydrates your skin, while the gentle allure of aromatic essential oils captivates your senses, leaving you in a state of serene rejuvenation.

*Includes: Skin analysis with SkinVision™ lamp, dual cleansing, exfoliation, personalized mask.*

### **Salt & Oil Scrub** **30 min**

Experience the revitalization of your skin with this intensely exfoliating treatment, designed to restore its natural beauty and radiance. It perfectly primes the skin for other treatments, using an exquisite blend of sea salt and pure oils to slough away dead cells and deeply nourish. Enjoy smooth, supple skin that glows with vibrancy, reflecting vibrant health and rejuvenated beauty.

*Includes: Salt and oil body exfoliation.*

### **Scalp Massage** **20 min**

### **Foot Massage** **20 min**





## IBICENCO RITUALS

Indulge in a realm of genuine tranquility with our meticulously crafted Ibiza Rituals, each designed to encapsulate the island's unique essence. Carefully curated, these experiences offer an unparalleled journey of holistic rejuvenation, seamlessly blending local ingredients with cutting-edge massage techniques. With the expertise of our therapists, every moment becomes an opportunity to reconnect with oneself, revitalizing both body and soul.

Moreover, each ritual includes an exquisite tasting menu at our restaurants, ensuring your experience is truly immersive in every sense.



## IBICENCO RITUALS

### **Almond Essence**

**3 hours**

Indulge in the enchanting aroma of almond essences as you embark on a sensory voyage reminiscent of the picturesque landscapes of Ibiza's orange orchards. This 3-hour experience is imbued with the delicate sweetness of almond blossoms, enhanced by comforting hints of vanilla. Immerse yourself in a delightful fusion of scents, from the bittersweet allure of caramel to the aromatic essence of orange blossom, lily of the valley, white moss, and almond flower. This ritual includes a soothing massage complemented by an integrated facial treatment, offering a truly refined and holistic journey.

### **Mandarin Essence**

**3 hours**

Immerse yourself in the invigorating freshness of our „Mandarin Essence“ ritual. This 3-hour experience combines an energizing blend of bergamot, lemon, verbena, mandarin, galbanum, and bitter orange to awaken the senses and uplift the spirits. Through a sequence of reflexology and breathing techniques, along with specialized massages, you will find deep relaxation and renewal.

### **Fig Essence**

**3 hours**

A unique sensory journey with an original and captivating fragrance, where the wisdom of the bittersweet blend meets the charm of the Ibiza sun. Begin with an invigorating fig body scrub, preparing your skin to receive the revitalizing essence of the holistic massage with fig essential oils. This specialized treatment rejuvenates your skin and awakens your senses through facial pressure point stimulation and expert reflexology techniques.

*These treatments include: a full menu for lunch or dinner, ensuring an exceptional gastronomic experience to complement your treatment.*



## SPECIAL THERAPIES

Allow the sophistication of our special therapies to envelop you in an aura of elegance and supreme well-being. Each session is carefully crafted to provide you with a sublime experience of rejuvenation and serenity, offering precious moments of disconnection and renewal amidst the hustle and bustle of the outside world. In an atmosphere of refinement and personalized care, let yourself be carried away by our exclusive treatments towards a state of deep relaxation and revitalization. Each inhalation becomes a whisper of peace, while every sensation leads you towards greater inner harmony.

## SPECIAL THERAPIES

### **Breathwork-Cold Cube Therapy**

**45 min**

For 50 minutes of pure indulgence, we invite you to explore the boundaries of your inner well-being as you immerse yourself in a rejuvenating and transformative experience. Let yourself be enveloped by the revitalizing freshness of the Cold Cube, where each inhalation and exhalation becomes a gentle whisper towards absolute tranquility. Discover the healing power of mindful breathing as you embark on a journey towards deep calm and mental clarity.

### **Champi Ayurvedic Massage**

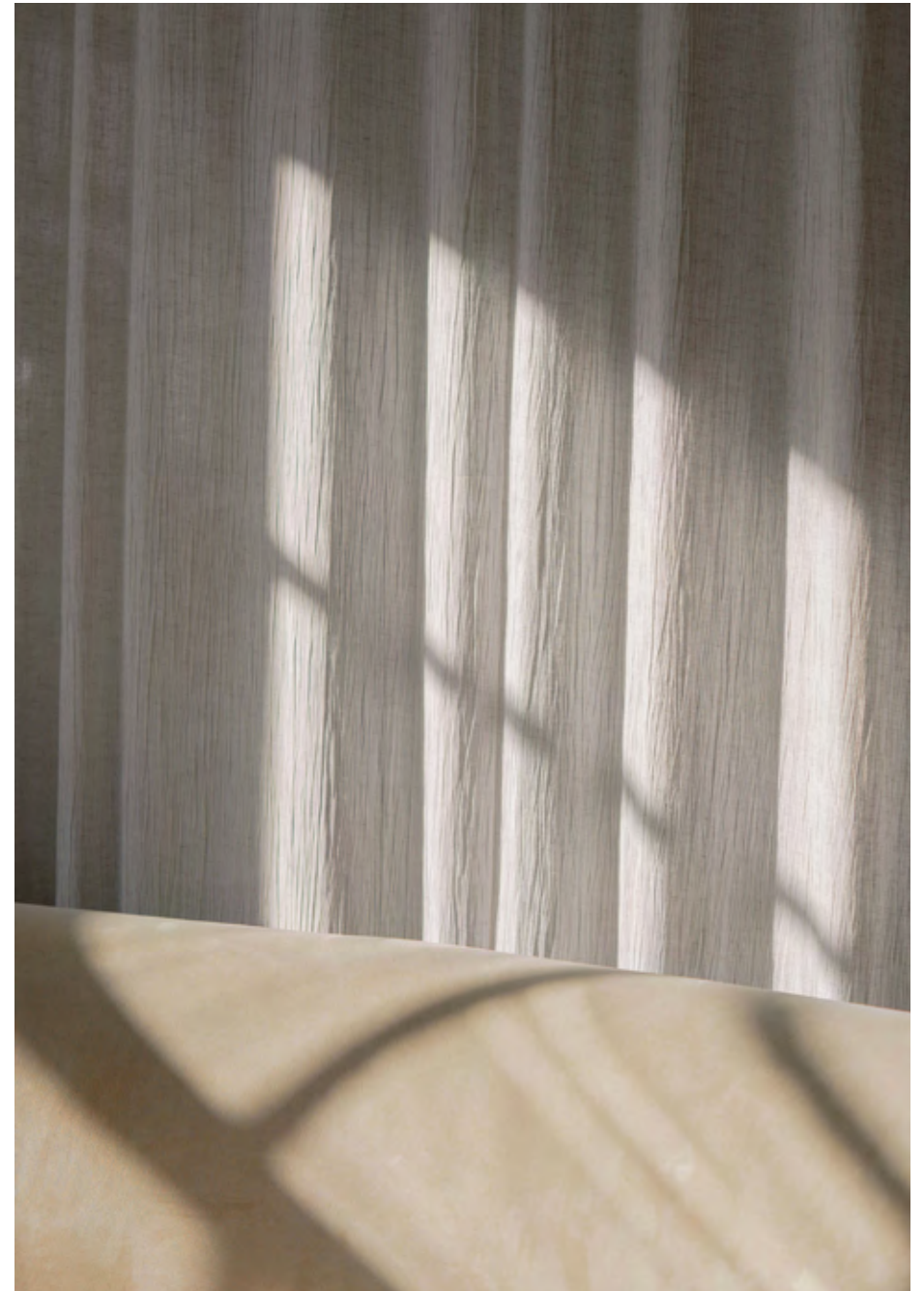
**50 min**

Inspired by ancient practices, this unique experience combines specialized techniques with the expert touch of our therapists, offering you complete release of muscular tension and deep restoration of your inner balance. Let yourself be carried away by the magic of Pure Seven Spa and allow each session to lead you towards a state of total well-being and inner renewal.

### **Ear Candling**

**45 min**

Indulge in a rejuvenating experience with our Ear Candling therapy, also known as thermal-auricular therapy. This ancient practice, steeped in tradition, offers a holistic approach to wellness by delicately removing excess ear wax and toxins, promoting overall well-being. Immerse yourself in the soothing ambiance of Pure Seven Spa as our skilled therapists guide you towards a state of enhanced health and balance.





## BEAUTY SALON SERVICES

Step into our exclusive beauty sanctuary. You'll find a comprehensive experience ranging from hair treatments to nail care, all designed to enhance your natural beauty with a distinctive touch of elegance and sophistication. Our expert stylists offer personalized services for washing, cutting, and styling, using the finest natural products to care for your hair with exceptional attention.

Moreover, our talented team of makeup artists is ready to enhance your beauty for any special occasion, from a night out in Ibiza to unforgettable events.

And for gentlemen, we offer a haven of personal care, with services ranging from haircuts and shaves to beard grooming and manicures, all delivered with meticulous attention to detail and a touch of luxury. Immerse yourself in the experience of our beauty salon and discover a new dimension of elegance and well-being.



## FITNESS, SPORTS & ACTIVITIES

Nestled in a paradise, our fitness center stands as a haven for those seeking dynamic and revitalizing activities. Equipped with state-of-the-art technology, from LifeFitness cardiovascular machines to multi-adjustable benches and high-quality weights, our gym offers a comprehensive exercise experience. Additionally, we provide personalized training sessions tailored to meet your individual needs and maximize your potential.

Our fitness area encompasses versatile spaces, both indoors and outdoors, with a terrace offering panoramic views of the vast Mediterranean Sea and the iconic Es Vedrà rock. It's the ideal setting to start the day with a burst of positive energy and a sense of connection with the surrounding nature.

Immerse yourself in the symphony of nature with our captivating experiences at Pure Seven Spa. From tranquil morning walks to thrilling Wild races, we invite you to delve into the unparalleled beauty of Ibiza in a

unique and exciting way. Moreover, for those seeking harmony between body and mind, we offer exclusive private classes of yoga, pilates, and meditation in serene environments, where the cliff becomes your sanctuary and the Mediterranean the melody accompanying your practice. Immerse yourself also in the transformative dance of Ecstatic Dance, where each movement leads you to a state of deep connection with yourself and the environment. Additionally, you'll have the opportunity to join our group classes, tailored to your personal preferences. Feel free to consult with our team to discover more about these unique experiences that await you.



## WELLNESS ESCAPES

At the heart of our wellness sanctuary, every detail has been carefully considered to offer you an exceptional experience. From the selection of activities to the ambiance of our spaces, everything is designed to nourish your being in its entirety.

Each of our retreat programs represents a unique journey towards wellness, where you can disconnect from the everyday stress and reconnect with yourself in a tranquil and welcoming environment.

Imagine stepping away from the hustle and bustle of daily life and immersing yourself in an oasis of calm and serenity. Our programs have been designed to provide you with the unique opportunity to reconnect with yourself and discover a renewed sense of harmony and balance. Whether you wish to delve into meditation practices, explore mindfulness techniques, or simply enjoy moments of tranquility in nature, here you will find the perfect space to reconnect with yourself and nurture your well-being on all levels.





## WELLNESS ESCAPES

### **Get Fit Escape**

**2 días**

Join us in our exclusive 2-day fitness program and embark on your journey towards a more active and healthier life. Designed for those looking to revitalize their body and reignite their energy, our Get Fit program is the perfect getaway for those who want to get in shape while enjoying a luxurious and wellness-focused experience.

### **Rebalance Escape**

**2 días**

This program will provide you with the opportunity to find serenity and calmness, allowing you to explore practices and techniques designed to restore balance in all aspects of your life. From yoga sessions to guided meditations, each activity is crafted to help you reconnect with yourself and find tranquility amidst the hustle and bustle of modern life.

### **Mood & Peace Escape**

**2 días**

Cultivate an atmosphere of refined sophistication and tranquility as you immerse yourself in our exclusive wellness experiences. Each offering is meticulously curated to elevate your senses and rejuvenate your spirit, providing a sanctuary of elegance and serenity amidst the hustle and bustle of daily life.



## WELLNESS RETREATS

At Pure Seven Spa, we strive to merge excellence with wellness, offering you an unparalleled experience where serenity and luxury converge in perfect harmony. Our retreat programs are carefully crafted and led by our experienced professionals, providing you with a unique opportunity for self-exploration and rejuvenation. Immerse yourself in a journey of personal discovery while delving into the rich history and stunning beauty of the island.

From retreats designed to promote well-being to performance-focused programs, each one has been meticulously designed to enhance our offerings and provide you with a variety of indulgent experiences. Allow your mind and body to transform as you explore the natural wonders of the island, guided by tailored programs that emphasize the importance of fitness, connection with nature, and movement to sculpt your body and achieve complete renewal.



## WELLNESS RETREATS

### **Origen Retreat** June 1 to 4

**4 days**

From June 1st to 4th, this transformative retreat transcends Ibiza's heritage, culture, and tradition, offering a unique combination of carefully selected activities for holistic well-being. During this journey of self-discovery, immersed in the island's rich history and stunning beauty, you'll have the opportunity to participate in Nidra meditation, Afro-Rhythm sessions, scenic hikes, cave exploration, ecstatic dance, yoga, workshops, outdoor Pilates, breathwork sessions, and rejuvenating reflexology.

Elevate your senses and embrace a harmonious balance of mind, body, and spirit in the idyllic setting of our wellness retreats. Join us for an unforgettable experience that harmonizes the serenity of well-being at 7Pines Resort Ibiza with the vitality of Ibiza's cultural tapestry.

### **Performance Retreat** September 14 to 17

**4 days**

Our Fitness Retreat program offers a variety of indulgent experiences, guided by personalized programs that highlight fitness, nature, and movement, with the goal of sculpting your body and achieving complete renewal.

From serene beach walks to thrilling wild runs, exciting mountain hikes, and dynamic Pilates sessions in the water. Additionally, you'll enjoy personalized workouts, a sunset kayaking experience, and a charming farewell beach picnic. Immerse yourself in moments of deep relaxation with our therapeutic fitness massages and HydraFacial sessions.

Enhance your well-being in the captivating landscapes of Ibiza, where every element collaborates to inspire and revitalize your mind, body, and soul.

*The wellness retreats packages includes a wellness retreat program and three nights of accommodation in a private suite. Additional treatments, consultations, and activities are available upon request, as well as transfers to and from Ibiza Airport.*



## WELLNESS MASTERS SERIES

Pure Seven Spa continues its acclaimed Wellness Masters Series, offering transformative experiences inspired by nature and movement. In this exclusive program, we partner with internationally renowned wellness experts to bring you a series of unique experiences inspired by movement and nature.

Shambala will offer a variety of experiences throughout the season, including an exclusive 5-day program. Blending the soothing rhythms of Lomi Lomi therapy with innovative meridian tapping techniques (Emotional Freedom Technique), Shambala creates a harmonious fusion of ancient wisdom and cutting-edge practices.

Each experience is designed to help you disconnect from daily stress, improve your physical health, and find holistic balance in an idyllic setting. Join us on this exciting journey towards a healthier and more balanced life at the incomparable setting of Pure Seven Spa at 7Pines Resort Ibiza.

Additionally, Rymaste Yoga founder Fanny Veyrac will present her exclusive program, centered around her empowering Goddess Community. Immerse yourself in mindful yoga sessions, serene meditations, and inspiring discussions on female empowerment and holistic wellness.

This year, in our third edition of the Wellness Masters Series, we are delighted to present two outstanding retreats led by internationally renowned wellness experts.





## POLICIES AND PROCEDURES

### Check-In

#### Opening hours

Fitness Centre from 7:00am to 9pm

Pure Seven Spa: from 10:00am to 9pm

### Dress Code

We extend a warm welcome to you, embracing your arrival in whichever manner you prefer. Whether attired in your bathrobe or personal clothe, our distinguished changing rooms are meticulously prepared with a selection of amenities, including sumptuous bathrobes, fine towels, exquisite slippers, disposable undergarments, and all necessary comforts for your spa journey.

### Children Policy

Children under 16 years old must be accompanied by an adult throughout the duration of the treatment, including manicures and pedicures in the salon. Please contact us for details on treatments available for our young guests. Access to the rest of the spa, including changing rooms and thermal area, is exclusively reserved for guests over 16 years old.

### Spa Etiquette

At Pure Seven, our atmosphere is centered around relaxation and tranquility. Please respect the privacy and serenity of other spa guests. To maintain a quiet environment, cell phones, pagers, cameras, etc., are not permitted. Pure Seven is a smoke-free zone.

### Gym Attire

Please wear athletic shoes for gym facilities. Children under 16 years old must be accompanied by an adult when using the gym area.

### Personal Belongings

At Pure Seven Spa, we care about the safety of your belongings. However, we will not be responsible for lost or missing items that have not been deposited in the changing room lockers.

### Health Questionnaire

Upon arrival, we will ask you to complete a health questionnaire with relevant information for our therapists. Please inform us of any medical condition, allergy, or injury that may affect your choice of treatment when booking your spa appointment.

### Treatments for Expecting Mothers

We offer treatments specially designed for your well-being during pregnancy. Our spa team will be delighted to provide guidance on the most suitable treatments for you during this special time.

## AFTER YOUR TREATMENT

### Recommendations

We suggest avoiding sun exposure for 2 or 3 hours or more after certain treatments, such as body or facial exfoliations. Your therapist may recommend appropriate sun protection available at the Pure Seven boutique.

### Home Care

To extend your spa experience at home, most of the products used in our treatments are available at the Pure Seven boutique. Your therapist can recommend suitable products for your skin conditions.

### Gifts

At the Pure Seven boutique, we offer an exclusive selection of high-quality products used in our spa treatments. From luxurious facial creams to aromatic body oils, each product is carefully selected to provide you with an unparalleled wellness experience in the comfort of your home. Additionally, our spa treatments are also available as gifts for your loved ones through our gift vouchers.

### Feedback

We strive to continuously improve your experience and will be delighted to hear your feedback. Please feel free to share your opinions about our services or facilities with any member of the team, your therapist, or the spa management.

## BOOKING AND CANCELLATION POLICY

To ensure the availability of your preferred treatment at the desired time, we recommend booking in advance by contacting our Pure Seven reservations team

T: +34 971 195 200  
E: [spa.ibiza@7pines.com](mailto:spa.ibiza@7pines.com)  
WhatsApp: +34 610 71 26 35

Additionally, we offer in-room spa treatments upon request, with a supplement of 100 EUR.

For cancellations, we kindly ask you to inform us at least 24 hours in advance. Please note our cancellation policies:

Cancellations made with at least 12 hours notice: a 50% charge of the treatment price will apply.

Cancellations made with 6 hours notice or less: the full price of the treatment will be charged.



## MASSAGES

Pure Seven Signature Massage	90 min	230 EUR
Pure Seven Hot Stone Therapy	60-90 min	190-210 EUR
Pure Seven Aromatic Touches	60-90 min	170-210 EUR
Deep Tissue	45-75 min	160-200 EUR
Foot Reflexology	45 min	150 EUR
Head & Shoulders Massage	30 min	110 EUR
Abhyanga Massage	90 min	250 EUR

## BODY TREATMENTS

Pure Seven Body Ritual	60 min	180 EUR
Pure Seven Body Wraps	90 min	230 EUR

## FACIAL TREATMENTS

ESPA Inner Beauty	60 min	170 EUR
ESPA Intense Regenerating	60 min	190 EUR
ESPA Optimal Skin Health	90 min	210 EUR

## Hydrfacial

Signature Hydrfacial	30 min	160 EUR
Deluxe Hydrfacial	60 min	220 EUR
Platinum Hydrfacial	90 min	320 EUR

## LIGHT TREATMENTS

Eye Lifting	30 min	35 EUR
Express Facial	30 min	35 EUR
Salt & Oil Exfoliation	30 min	90 EUR
Foot Massage	20 min	70 EUR
Scalp Massage	20 min	70 EUR

## IBICENCO RITUALS

Almond Essence	3 hours	310 EUR
Mandarin Essence	3 hours	310 EUR
Fig Essence	3 hours	310 EUR

*These treatments include a full menu for lunch or dinner, ensuring an exceptional gastronomic experience to complement your treatment.*

## SPECIAL THERAPIES

Breathwork-Cold Cube Therapy	45 min	110 EUR
Champi Ayrvedic Massage	50 min	110 EUR
Ear Candling	45 min	120 EUR

## BEAUTY SALON SERVICES

Beauty Wash & Blow Dry	45 min	120 EUR
Wash, Cut & Blow Dry	60 min	180 EUR
Hairstyling	60 min	150 EUR
Ritual Hair Care	90 min	220 EUR
Manicure	50 min	90 EUR
Nail Polish Application	30 min	30 EUR
Pedicure	50 min	90 EUR
Gel Manicure	50 min	100 EUR
Gel Pedicure	50 min	110 EUR
Gel Manicure Removal	20 min	20 EUR
Fresh Make-Up	30 min	100 EUR
Glam Make-Up	50 min	150 EUR
Bridal Make-Up (Prueba & Ceremonia)	80 min	Per Session 290 EUR

## THE BARBER SHOP

Wash, Creative Cut-Restyle	45 min	90 EUR
Wash, Cut & Styling	45 min	90 EUR
Beard Shaving Ritual	60 min	90 EUR
Gentlemen's Manicure	30 min	60 EUR
Gentlemen's Pedicure	50 min	90 EUR

*To enhance your comfort, we extend the opportunity to indulge in our treatments within the privacy and tranquility of your room for an additional fee of 100 EUR.*

*Take advantage of our 10% discount during the Low Season, from April 26th, 2024 to May 31st, 2024, and from September 23rd, 2024 to October 12th, on all our treatments.*

## WELLNESS ESCAPES

Rebalance Escape	2 days	1.116 EUR
Get Fit Escape	2 days	816 EUR
Mood & Peace Escape	2 days	887 EUR

## WELLNESS RETREATS

Origen Retreat	4 days	
Single Occupancy		2.200 EUR
Double Occupancy		3.350 EUR
Performance Retreat	4 days	
Single Occupancy		2,340 EUR
Double Occupancy		3.720 EUR

*The wellness retreats package includes a wellness retreat program and three nights of accommodation in a private suite. Additional treatments, consultations, and activities are available upon request, as well as transfers to and from Ibiza Airport.*

## SPORTS, FITNESS & ACTIVITIES

Private Yoga Session	60-90 min	150-180 EUR
Pranayama (Breathing Technique)	45 min	120 EUR
Private Pilates (Mat)	60 min	150 EUR
Meditación Mindfulness Private Session	60 min	150 EUR
Private Personal Training	60 min	150 EUR
Hiit Training	60 min	150 EUR
TRX Training Session	60 min	150 EUR
Dance Session	60 min	150 EUR
Holistic Funtional Trainig	60 min	150 EUR
Guided 7Pines Running Circuit	60 min	150 EUR

## COACHING SESSIONS

Coach Fitness Session	60 min	170 EUR
Nutritional Coach Session	60 min	170 EUR

*To enhance your comfort, we extend the opportunity to indulge in our treatments within the privacy and tranquility of your room for an additional fee of 100 EUR.*

*Take advantage of our 10% discount during the Low Season, from April 26th, 2024 to May 3st, 2024, and from September 23rd, 2024 to October 12th, 2024, on all our treatments.*



# 7Pines

RESORT IBIZA

7Pines Resort Ibiza, part of Destination by Hyatt  
07830 Sant Josep de sa Talaia, Ibiza, Spain  
[www.7pines.com](http://www.7pines.com)

*For more information or to make a reservation, we invite you  
to visit our spa or get in touch with our spa team through:*

E: [spa.ibiza@7pines.com](mailto:spa.ibiza@7pines.com)

T: +34 971 195 200

WhatsApp: +34 610 71 26 35